



Anxiety and OCD Treatment Center of Ann Arbor

Providing evidence-based treatment across the lifespan

Thursday May 3, 2018

EDUCATION GROUP FOR Family of LOVED ONES WITH OCD Intrusive Thoughts

5:30 – 7:00 pm

PLEASE JOIN US FOR A 1 NIGHT EVENT ON EVIDENCE BASED TREATMENT FOR OBSESSIVE-COMPULSIVE DISORDER WITH INTRUSIVE THOUGHTS. MULTIPLE SUBTYPES WILL BE DISCUSSED INCLUDING SEXUAL, HARM AND MORALITY BASED INTRUSIVE THOUGHTS, AMONG OTHERS.

OUR EXTENSIVE EXPERIENCE WITH OCD HAS SHOWN FAMILY SUPPORT TO GREATLY INCREASE POSITIVE OUTCOMES IN ERP!

THIS SEMINAR IS NOT COVERED BY INSURANCE AND WILL BE \$40 A SESSION PER PERSON (WITH A MINIMUM OF 5 CLASS MEMBERS). 2 MEMBERS OF SAME FAMILY CAN JOIN FOR \$60 (\$30 EACH). PAYMENT UPON REGISTERING IS REQUIRED TO MAINTAIN CONSISTENCY OF THE GROUP. YOU CAN REGISTER FOR THE GROUP BY CALLING 734-368-9691. PLEASE CONTACT US AT FRONTDESK@ANXIETYANNARBOR.COM IF YOU HAVE FURTHER QUESTIONS.

1 NIGHT EDUCATION
ON TREATMENT FOR OCD
WITH INTRUSIVE THOUGHTS

LEARN ABOUT EXPOSURE
AND RESPONSE
PREVENTION (ERP)

EDUCATION ON HOW FAMILY
AND FRIENDS CAN HELP

LEARN WITH OTHERS WHO
HAVE HAD SIMILAR
EXPERIENCE

This Group is for Adult
Participants. (Loved ones that
members are seeking support for can
be children or adults)

ANXIETY AND OCD
TREATMENT CENTER OF ANN
ARBOR

635 South Maple Rd, Suite 2
Ann Arbor, MI 48103

www.anxietyannarbor.com

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