

# Understanding Obsessive Compulsive Disorder: A Seminar for Adult Family Members of People with OCD



## Goals:

- Help family members better understand OCD
- Learn how to support your loved-one's treatment
- Understand how family accommodation impacts treatment success

**Cost\*:** \$200 for one family member. \$300 for two family members.

**Location:** Anxiety and OCD Treatment Center of Ann Arbor  
635 S. Maple Rd, Ann Arbor, MI 48103

**Date:** Tuesdays, 5:00pm - 6:30pm  
January 23 through February 13

**Please join us for a 4 week seminar focused on providing information to adult family members of people with Obsessive Compulsive Disorder.**



Anxiety and OCD  
Treatment Center  
of Ann Arbor

*Providing evidence-based treatment across the lifespan*

For more information and to register, contact the Anxiety and OCD Treatment Center of Ann Arbor at (734) 368-9691 or [frontdesk@anxietyannarbor.com](mailto:frontdesk@anxietyannarbor.com)

\*Seminar not covered by insurance