



Anxiety and OCD Treatment Center of Ann Arbor

Providing evidence-based treatment across the lifespan

EDUCATION GROUP FOR Family of LOVED ONES WITH OCD Intrusive Thoughts

Wednesday March 20, 2019

5:30 – 7:00 pm

PLEASE JOIN US FOR A 1 NIGHT EVENT ON EVIDENCE BASED TREATMENT FOR OBSESSIVE-COMPULSIVE DISORDER WITH INTRUSIVE THOUGHTS. MULTIPLE SUBTYPES WILL BE DISCUSSED INCLUDING SEXUAL, HARM AND MORALITY BASED INTRUSIVE THOUGHTS, AMONG OTHERS.

OUR EXTENSIVE EXPERIENCE WITH OCD HAS SHOWN FAMILY SUPPORT TO GREATLY INCREASE POSITIVE OUTCOMES IN ERP!

COST: \$40 PER PERSON OR 2 MEMBERS OF SAME FAMILY CAN JOIN FOR \$60 (\$30 EACH).

PAYMENT UPON REGISTERING IS REQUIRED. REGISTER BY CALLING 734-368-9691 OR EMAILING FRONTDESK@ANXIETYANNARBOR.COM

1 NIGHT EDUCATION
ON TREATMENT FOR OCD
WITH INTRUSIVE THOUGHTS

LEARN ABOUT EXPOSURE
AND RESPONSE
PREVENTION (ERP)

EDUCATION ON HOW FAMILY
AND FRIENDS CAN HELP

LEARN WITH OTHERS WHO
HAVE HAD SIMILAR
EXPERIENCE

This Group is for Adult
Participants. (Loved ones that
members are seeking support for can
be children or adults)

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TREATMENT CENTER OF ANN
ARBOR

635 South Maple Rd, Suite 2
Ann Arbor, MI 48103

www.anxietyannarbor.com

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