

Teen Social Anxiety Group

Join the Anxiety and OCD Treatment Center of Ann Arbor for our Teen Social Anxiety Group.

This group is for teens ages 13-17. This group will help teens work on their social anxiety skills. The group will allow them to practice with peers while overcoming fears and gaining social confidence.

When

This group will meet every Thursday from 6:00pm-7:00pm starting February 5th. This is an in person group with no virtual option.



Where

Anxiety and OCD Treatment Center of Ann Arbor
2610 West Liberty Street
Ann Arbor, MI 48103



Cost: \$50 per session

Drop in sessions must be paid for prior to the session. Sessions cannot be billed to insurance. You can pay for the sessions with HSA/FSA.



Please contact information@anxietyannarbor.com or call (734)368-9691 for more information or to sign up!



Anxiety and OCD
Treatment Center
of Ann Arbor

Providing evidence-based treatment across the lifespan